

Dadirri

Ancient Aboriginal Mindfulness Traditions



Two day workshop for growing Cross Cultural Communities of Care and Communities of Practice in Trauma Integrated Services

Aim of this workshop

The main aim of this workshop is to locate the ancient Aboriginal tradition of mindfulness within the work of trauma recovery in Australia and elsewhere.

Objectives of the workshop

The workshop objectives are to establish principles of practice, using mindfulness in self-care, family care and community care and in the development of communities of care, and communities of practice in all trauma recovery work.

On completion of this workshop participants should be able to:

- Utilize the practice of Dadirri as an Ancient Mindfulness tradition essential in all trauma recovery – community healing work.
- Recognize the importance of cultural fitness in all community work.
- Use the cultural tradition of mindfulness in self-care and care practice while undertaking trauma recovery work.
- Identify issues of self-awareness and demonstrate the skills of journaling or story mapping as a conscious and cognitive record of the self-awareness, self-reflective process.
- Demonstrate the skills and knowledge necessary to enable effective communication in trauma recovery work using symbols, art, and music in storytelling and story-mapping.
- Define and support the development of communities of care.
- Critically analyze concepts in establishing communities of practice, and be able to respond to trauma recovery – healing across generations.
- Implement community development processes for building community-healing networks.

Tickets available here:
<https://wealli.com.au/shop/>

Only 25 places available

This Workshop is suitable
for anyone working in the
Human Service Sector
PACFA CPD Endorsed:
Class A: 12 Points



Cost:

\$715 per person (*includes GST*)

Early Birds \$630, limited to 10 places
(*includes GST*)

Dates:

Wednesday 10th – Thursday 11th
November 2021

Times:

8:30 – 4:30, *both days*

Venue:

Invercauld House, 163 Invercauld Rd,
Goonellabah NSW, free parking on-site

What is Provided :

- Workshop Materials and Workbooks
- Morning Tea, Lunch, Afternoon Tea
- Two Facilitators
- Certificate of Attainment

***Culturally Informed Trauma Integrated
Healing to Community
and Organisations***